

TOWN of EAST FREMANTLE

## Neighbourhood Link



Group Social Support

Call us on **(08) 9339 9381** or email us at **neighbourhoodlink@eastfremantle.wa.gov.au** for more information.

TOWN of EAST FREMANTLE

# Neighbourhood Link

Social Connections. Quality of Life.





## Good people. Good times.

Join our community group and enjoy spending time with like-minded people.



# What is **Neighbourhood Link?**

At Neighbourhood Link, we help people stay active, connected and as independent as possible.

Our free or low-cost support services are funded, in full or part, by government initiatives. And our team can help you in all sorts of ways.

Getting out and about. Running errands and going to the shops. Meeting friends and exploring new places. Enjoying a cuppa, lunch or a daytrip with like-minded people. We're here to help you enjoy life.

### What is Group Social Support?

Our Group Social Support program at Tricolore Community Centre is for people over the age of 65 from Fremantle, Myaree, Coolbellup, Hamilton Hill and everywhere in between. We come together to enjoy each other's company and a program of fun activities:

- bingo, quizzes and games
- coffee mornings and high teas
- lunches and picnics
- golf and ten-pin bowling
- days out and scenic drives
- visits to parks and gardens
- social and cultural events
- hobbies and activity classes
- theme days, complete with themed menus
- and much more.

All of our activities and experiences are designed with and for our groups. And you can choose the days and activities that suit you.

#### How much does it cost?

If you qualify for the Commonwealth Home Support Program (CHSP), then the CHSP will cover most of the cost of our Group Social Support services.\*

If you have a Home Care Package (HCP), we may be able to redeem the full cost of our services from your HCP provider.

#### How do you get here?

We meet at Tricolore Community Centre on Wauhop Road in East Fremantle, near the corner of Presont Point Road.



If you're unable to drive, we can arrange door-to-door transport for a small fee.

#### Want to find out more?

Learn more about our program of activities and find out how our fees and government funding work.

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\*Subject to assessment from My Aged Care.