#### TOWN of EAST FREMANTLE

## Neighbourhood Link

### **APRIL 2025**

#### Group Social Support Activities Program

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Dovenby House, 135 Canning Highway, East Fremantle. Deck Club, 2 Jerrat Drive, East Fremantle Phone (08) 9339 9381 or email neighbourhoodlink@eastfremantle.wa.gov.au

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Location: Outing	2 Choose OUTING OR DECK CLUB	3 Location: Outing	4 Location: Outing
		The Oarhouse (Bayswater) & The Boab Bistro (High Wycombe)	Wu Tao with Carole & Centre Activity OR Coogee Beach Café & Gracies (Mandurah)	Goolugatup Heathcote Reserve (Applecross) & Joondalup Joy Food (Joondalup)	Manning Senior Citizens Centre Cash Raffle & 2-course lunch \$15
		, Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch <b>(Total direct debit: \$16.20)</b>	Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 <b>(Total direct debit: \$28.10 or \$16.20)</b>	Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch <b>(Total direct debit: \$16.20)</b>	Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch <b>(Total direct debit: \$16.20)</b>
7	Location: Outing	8 Location: Outing	9 Choose OUTING OR DECK CLUB	10 Location: Outing	11 Location: Outing
	Deepwater Point (Mt Pleasant) & Indian Ocean Brewery (Mindarie)	Morning Tea @ Garvey Park (Ascot) & Riverside at Woodbridge (Woodbridge)	Pilates Movement with Alison & Centre Activity OR Franceso's (Jandakot) & Glen Forrest Gournet (Glen Forrest)	The Tribute Café & Kitchen (Shelley) & PICNIC Kent Street Weir Park (Wilson)	Palette Coffee (Leighton Beach) & Shoalwater Bistro
	Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch <b>(Total direct debit: \$16.20)</b>	Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch <b>(Total direct debit: \$16.20)</b>	Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 <b>(Total direct debit: \$28.10 or \$16.20)</b>	Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch <b>(Total direct debit: \$16.20)</b>	Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch <b>(Total direct debit: \$16.20)</b>

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14	Location: Outing	15 Location: Outing	16 Choose OUTING OR DECK CLUB	17 Location: Outing	18 Location: Outing
	ny Galati's Spudshed (Jandakot) & e Parkerville Tavern	Woodman Point Beach Kiosk & Zone Bowling (Play optional – Senior rate) (Rockingham)	Wu Tao with Carole & Easter Activities OR <b>Marri Park</b> (Casuarina)	Darren's at the Plaza (Burswood) & The Henley Brook (Swan Valley)	SERVICE FREE DAY GOOD FRIDAY
	Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch <b>(Total direct debit: \$16.20)</b>	Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)	Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)	Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch <b>(Total direct debit: \$16.20)</b>	
21	Location: Outing	22 Location: Outing	Choose OUTING OR DECK CLUB	24 Location: Outing	25 Location: Outing
	SERVICE FREE DAY EASTER MONDAY	Morning Melodies (Perth Town Hall)	Pilates Movement with Alison & Centre ANZAC Celebration OR	Corner Café (Lake Monger) &	SERVICE FREE DAY ANZAC
		The Rowing Pavilion (Applecross) Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)	Harpers Food Market (O'Connor) & Bayside Kitchen (Matilda Bay) Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)	The Woodvale Tavern Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)	
28	Location: Outing	<b>29</b> Location: <b>Outing</b>	Choose OUTING OR DECK CLUB Wu Tao with Carole & Centre Activities	31 Location: Outing	
	Coffee Beans & Jetty Bar & Grill (South Yunderup)	Morning Tea under the Rotunda (Kings Park) & Vines Café & Bar	OR Samson House Visit \$7 (Fremantle) & Southern River Tavern	Double A Coffee on the River (Elizabeth Quay) & Rose & Crown	
	Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)	(The Vines) Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)	Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 <b>(Total direct debit: \$28.10 or \$16.20)</b>	(Guildford) Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)	

# Neighbourhood Link

### **OCTOBER 2024**

### **Group Social Support Activities Program**

In a wonderful synergy from outing attendees and outing staff (always on the lookout for suitable venues to visit ), we have compiled April's program based on combined suggestions, ensuring a vibrant outing mix and new experiences.

Occasionally a scheduled venue on the program may require an admission for food and/or entertainment, so please be sure to check if the outing suits you prior to booking. If you need any information, please don't hesitate to contact the admin staff in the office on, 9339 9381.

EASTER and ANZAC are with us in April, and we look forward to sharing these very special occasions with you.

Our callout for volunteers with musical talent through a newsletter from the Town to community hopes to bring on board new volunteers to our team to get our singing going. So far, we have interested parties who can play the guitar, ukelele and harmonica. Music brings so much joy and we look forward to developing this component in the program.

We invite your ongoing suggestion and feedback in support of the activity program content. For us it's important to hear your voice and for you to have contribution. If you prefer to write your suggestion and feedback, the outing staff carry forms which you may fill in and return to us at your convenience.