

# Neighbourhood Link

Group Social Support Activities Program



Dovenby House, 135 Canning Highway, East Fremantle WA 6158

Deck Club, 2 Jerrat Drive, East Fremantle

Phone **(08) 9339 9381** or Email: [neighbourhoodlink@eastfremantle.wa.gov.au](mailto:neighbourhoodlink@eastfremantle.wa.gov.au)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>3</b></p> <p><b>SERVICE FREE DAY</b></p> <p><b>PUBLIC HOLIDAY</b></p>	<p><b>4</b> Location: Outing</p> <p><b>Brunch</b> <b>Jack &amp; Jill's Kitchen</b> <b>(Kalamunda)</b> <b>&amp; Mini Shop</b></p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch <b>(Total direct debit: \$16.20)</b></p>	<p><b>5</b> Choose: <u>OUTING</u> or <u>DECK CLUB</u></p> <p><b>Wu Tao with Carole</b> <b>Centre Activity</b> OR <b>Little Sweet Oak</b> (Winthrop) <b>&amp; The Suburban Bar</b> (Bertram)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Lunch: \$11.90 <b>(Total direct debit: \$28.10)</b></p>	<p><b>6</b> Location: Outing</p> <p>Morning Tea at Piney Lakes &amp; Indian Ocean Brewery (Mindarie)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch <b>(Total direct debit: \$16.20)</b></p>	<p><b>7</b> Location: Outing</p> <p>Krankie Café (Como) &amp; The Morley Local (Morley)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch <b>(Total direct debit: \$16.20)</b></p>
<p><b>10</b> Location: Outing</p> <p><b>Picnic at</b> <b>Waterman Park</b> <b>&amp;</b> <b>Motor Museum</b></p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch <b>(Total direct debit: \$16.20)</b></p>	<p><b>11</b> Location: Outing</p> <p>Morning Tea at Bibra Lake Reserve &amp; Corfield Dining (Gosnells)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch <b>(Total direct debit: \$16.20)</b></p>	<p><b>12</b> Choose: <u>OUTING</u> or <u>DECK CLUB</u></p> <p><b>Movement with Alison</b> <b>St Patrick's Day Activity</b> OR <b>Sistas Café at</b> <b>Burns Beach</b></p> <p>Centre Fee: \$10.80 Transport: \$5.40 Lunch: \$11.90 <b>(Total direct debit: \$28.10)</b></p>	<p><b>13</b> Location: Outing</p> <p>Francesco's (Jandakot) &amp; Sawyer's Valley Bistro (Lake Leschenaultia)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch <b>(Total direct debit: \$16.20)</b></p>	<p><b>14</b> Location: Outing</p> <p>Sticks (Rossmoyne Waters) &amp; Tomato Lake Café (Kewdale)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch <b>(Total direct debit: \$16.20)</b></p>

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>17 Location: Outing</p> <p><b>Morning Tea at Bodhinyana Buddhist Monastery (Serpentine) &amp; Local Po (Jarrahdale)</b></p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch (Total direct debit: \$16.20)</p>	<p>18 Location: Outing</p> <p>Maritime Museum Café (Fremantle) &amp; Carnaby's (East Fremantle Community Park)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch (Total direct debit: \$16.20)</p>	<p>19 Choose: <u>OUTING</u> or <u>DECK CLUB</u></p> <p><b>Wu Tao with Carole</b> Centre Activity OR <b>Manning Senior Centre St Patrick's Day Lunch</b> Entertainment &amp; Raffles (Manning)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Lunch: \$11.90 (Total direct debit: \$28.10)</p>	<p>20 Location: Outing</p> <p>Coogee Beach Café &amp; Pelican on the Murray (South Yunderup)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch (Total direct debit: \$16.20)</p>	<p>21 Location: Outing</p> <p><b>Beach House Café (Warnbro) &amp; Mini Shop</b></p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch (Total direct debit: \$16.20)</p>
<p>24 Location: Outing</p> <p><b>Patsy Durack's Rose Garden Visit &amp; Devonshire Tea</b> (entrance &amp; tea \$15) &amp; <b>Kalamunda Hotel (Kalamunda)</b></p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch (Total direct debit: \$16.20)</p>	<p>25 Location: Outing</p> <p>Morning Melodies (Perth Town Hall) &amp; Bayswater Hotel (Bayswater)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch (Total direct debit: \$16.20)</p>	<p>26 Choose: <u>OUTING</u> or <u>DECK CLUB</u></p> <p><b>Movement with Alison</b> Centre Activity OR <b>U'N'ME Cafe (Coogee) &amp; Vat 116 Bar (Rockingham)</b></p> <p>Centre Fee: \$10.80 Transport: \$5.40 Lunch: \$11.90 (Total direct debit: \$28.10)</p>	<p>27 Location: Outing</p> <p><b>Dawson Garden World Homestead Café (Forrestfield)</b></p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch (Total direct debit: \$16.20)</p>	<p>28 Location: Outing</p> <p><b>TAFE Pavilion Restaurant (Joondalup)</b></p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own Lunch (Total direct debit: \$16.20)</p>



Finally, we shift into days with some lower temperatures.

A variety of outings are available for you this month including:

- a brunch and mini shop in Kalamunda,
- picnic visit to Whiteman Park & motor museum,
- visit Bodhinyana Monastery and have morning tea with the Buddhist monks in the community room. The monks live in huts on the property and come together from solitude to share a meal daily with the public. While there, you may like to visit the temple and explore the gardens before we head to lunch at the lovely Local Po in Jarrahdale,
- a trip to South Yunderup by the picturesque Murray River, we return to the Manning Senior Citizens Centre, this time for St Patrick's Day celebration,
- there's opportunity to take in the fabulous architecture and enjoy coffee at the Maritime Museum in Fremantle,
- time in Patsy Durack's Garden in the hills and a delightful, fresh, Devonshire Tea, and
- a fabulous 3 course-meal once again at the TAFE Pavilion Joondalup.

By the river, ocean, and hills we go! We welcome each of you joining the journeys. For variety in this program, we are introducing a few days with outings spent at one venue and its vicinity, instead of two venues. In this way you can socialise, explore the immediate area, or perhaps do a 'mini shop' or have a 'leg stretch' as suits you.

We appreciate your feedback and outing requests, please keep them coming to enhance your service.

The outing staff carry service feedback forms should you like to complete one.

The office phone number is: (08) 9339 9381