

Neighbourhood Link

Group Social Support Activities Program



Dovenby House, 135 Canning Highway, East Fremantle.

Deck Club, 2 Jerrat Drive, East Fremantle

Phone **(08) 9339 9381** or email neighbourhoodlink@eastfremantle.wa.gov.au

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<p>1 Location: Outing</p> <p>Coffee Beans @ Jandakot & Birdie Restaurant (Port Kennedy)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>
<p>4 Location: Outing</p> <p>Beach Street Café & Co (East Fremantle) & Springs Dining (Beechboro)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>5 Location: Outing</p> <p>Melbourne Cup Day</p> <p>Leopold Bar (Bicton) & TAB & Tradewinds Hotel (East Fremantle)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>6 Choose OUTING OR DECK CLUB</p> <p>Movement with Alison & Lisa's Price is Right OR Fremantle Prison Care / Tour & Wray Hotel</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)</p>	<p>7 Location: Outing</p> <p>The Roastery (Canning Vale) & Mundaring Weir (Mundaring)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>8 Location: Outing</p> <p>Darren's (Lakeside Plaza, Burswood) & Mulberry Estate (Caversham)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>

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<p>11 Location: Outing</p> <p>Ascot Riverside Kiosk (Ascot) & Riverside at Woodbridge (Woodbridge)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>12 Location: Outing</p> <p>Harpers Food Market (O'Connor) & Canning River Café @ Kent Street Weir (Wilson)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>13 Choose OUTING OR DECK CLUB</p> <p>Wu Tao with Carole & Deck Club Fun Activity OR Canning Vale Café & Byford Tavern (Byford)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)</p>	<p>14 Location: Outing</p> <p>Seniors Week Cuppa & Craft @ Woodlupine Centre & Kalamunda Hotel (Kalamunda)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>15 Location: Outing</p> <p>Senior's Week Stirling Community Centre & Stirling Arms Hotel (Stirling)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>
<p>18 Location: Outing</p> <p>The Foundry (Midland) & Chidlow Tavern (Chidlow)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>19 Location: Outing</p> <p>Morning Tea @ Morning Melodies Perth Town Hall & Tee Box Café (Claremont)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>20 Choose OUTING OR DECK CLUB</p> <p>Wu Tao with Carole & Deck Club Fun Activity OR Dome Deepwater Point & Lo Quay River Café (Wilson)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)</p>	<p>21 Location: Outing</p> <p>Boatshed Coffee (South Perth) & The Orion (Yanchep)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>22 Location: Outing</p> <p>Beach Point Cafe & The Coogee Boathouse Eats & Sips (North Coogee)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>
<p>25 Location: Outing</p> <p>Tony Galati's & Baily Brewing (Swan Valley)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>26 Location: Outing</p> <p>Fremantle Art Centre & Coffee (Fremantle) & Clancy's (City Beach)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>27 Choose OUTING OR DECK CLUB</p> <p>Wu Tao with Carole & Deck Club Fun Activity OR North Fremantle Community Centre & Swan River Ferry to Oyster Bar (Elizabeth Quay)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)</p>	<p>28 Location: Outing</p> <p>Mandurah Dolphin Canal Cruise with Lunch</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy ticket & lunch (Total direct debit: \$16.20)</p>	<p>29 Location: Outing</p> <p>Mooba Calleya (Treeby) & Lavoro Roof Top Bar & Grill (Byford)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>



We welcome regulars and our new participants to Neighbourhood Link's activities for the month of November. A few notable events occur; 1) Melbourne Cup at the Tradewinds Hotel and 2) Seniors Week, celebrated at the Woodlupine Centre in Kalamunda one day and at the Stirling Community Centre the next. It has been a while since our last visit to Mundaring Weir and we are returning following your request, as well for your requests to having a Swan River ferry trip from South Perth to the Oyster Bar in Elizabeth Quay, and for lunch at the lovely Riverside at Woodbridge. There are a few outings to the Perth Hills planned and given the beautiful weather now, we have included many that are near the river and by the ocean. Due to great feedback, we will also make a third consecutive month trip for a Mandurah Dolphin Canal Cruise with lunch for those of you who have not had the opportunity to attend on the previous days.

We look forward to sharing the activities and outings with each one of you, together as a group in friendly and caring companionship fostered by all attending.

Please continue to let us know of our suggestions for outing and centre days - suitable for the group – always. Thank you

See you soon.

With love from the Team