

Neighbourhood Link

Group Social Support Activities Program



Dovenby House, 135 Canning Highway, East Fremantle.

Deck Club, 2 Jerrat Drive, East Fremantle

Phone **(08) 9339 9381** or email neighbourhoodlink@eastfremantle.wa.gov.au

'Tell me what is it you plan to do with your one wild precious life?'

- Poet Mary Oliver

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>1 Location: Outing</p> <p>Lo Quay (Wilson) & A Patch of Country (Mundaring, Perth Hills)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>2 Choose OUTING OR DECK CLUB</p> <p>Movement with Alison Clay Figure Making OR Bold Park Look Out & Clancey's (City Beach)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)</p>	<p>3 Location: Outing</p> <p>Harold Hawthorne Meal & Show</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>4 Location: Outing</p> <p>Baigup Wetlands, The Oar House (Bayswater) & Rose & Crown (Guildford)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>
<p>7 Location: Outing</p> <p>Coffee Beans (Baldivis) & Sandy Cove (South Yunderdup)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>8 Location: Outing</p> <p>Swan Café at Garvey Park (Ascot) & House of Honey (Upper Swan)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>9 Choose OUTING OR DECK CLUB</p> <p>Movement with Alison Centre Activity OR Beach Point Café & The Kwinana Local (Kwinana)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)</p>	<p>10 Location: Outing</p> <p>Koorak (Kings Park) & Shipwreck Café (Alkimos)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>11 Location: Outing</p> <p>Lake Monger Reserve Coffee (Wembley)</p> <p>IKEA – Lunch</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>

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<p>14 Location: Outing</p> <p>Flames Café (Bullcreek) & Kalamunda Hotel</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>15 Location: Outing</p> <p>Perth Town Hall Morning Melodies & Queens Hotel (Highgate)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>16 Choose OUTING OR DECK CLUB</p> <p>Wu Tao with Carole Centre Activity OR Byford Country Club (Byford)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)</p>	<p>17 Location: Outing</p> <p>Tony Galati's (Jandakot) & Naked Apple Cider House (Karragullen)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>18 Location: Outing</p> <p>Bar Botanic Nursery Café (West Perth) & The UWA Tavern (Nedlands)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>
<p>21 Location: Outing</p> <p>The Brio Café (Booragoon) & Wang's Treasure House (Morley)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>22 Location: Outing</p> <p>Wetlands Discovery Centre (Cockburn) & Cabin 401 (Bibra Lake)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>23 Choose OUTING OR DECK CLUB</p> <p>Movement with Alison Centre Activity OR Mandurah Lunch Cruise</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)</p>	<p>24 Location: Outing</p> <p>Coffee Beans & Picnic at the Dam Serpentine Falls (Serpentine)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>25 Location: Outing</p> <p>Coogee Beach Coffee & Rockingham Foreshore Dome (Rockingham)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>
<p>28 Location: Outing</p> <p>Francesco's Coffee (Jandakot) & Avocadoes (Kelmscott)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>29 Location: Outing</p> <p>Point Walter & BBQ & BOWLS at Wireless Hill Park (Alfred Cove)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	<p>30 Choose OUTING OR DECK CLUB</p> <p>Wu Tao with Carole Halloween Activity OR Halloween Morning Tea @ Deck Club & Pasta in the Valley</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Centre Lunch if applicable: \$11.90 (Total direct debit: \$28.10 or \$16.20)</p>	<p>31 Location: Outing</p> <p>Castaways Sculptures (Rockingham) & Village Chinese (Rockingham)</p> <p>Centre Fee: \$10.80 Transport: \$5.40 Buy own lunch (Total direct debit: \$16.20)</p>	



This Springtime, what do you choose to do with your Neighbourhood Link companions, staff and volunteers?

*Go by the River,
sit back at the Reserve,
breathe in the salt air of the Ocean.
weave through the Perth Hills,
exercise on the Deck,
or, all of the above as we explore and have fun with new activities and venues together!*

Your suggestions for outing and centre days - suitable for the group - are always welcome.